



## Introducing Nuji-Apoqnmuet: Our New Mi'kmaw Helpers Program

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At Tajikeimik, we understand that accessing health services in a hospital can be a challenging experience, particularly for Mi'kmaw and Indigenous people. To help address this, we are thrilled to introduce the Nuji-Apoqnmuet (Mi'kmaw Helpers) Team, a new program designed to provide culturally safe support to patients and their families during hospital stays.

### How Nuji-Apoqnmuet Can Assist You:

- **Wholistic Support:** Comprehensive care that addresses both emotional and practical needs.
- **Mi'kmaw Translation and Language Assistance:** Help with communication through translation services and language support.
- **Hospital Visits:** Providing comfort and companionship with regular visits to patients.
- **Communication Facilitation:** Assisting with clear and effective communication between patients and hospital staff.
- **Cultural and Ceremonial Inclusion:** Advocating for the inclusion of cultural practices and ceremonies into the care plan as requested.
- **Errand Assistance:** Running small errands to make patient's stay more manageable.
- **Spiritual and Religious Support:** Offering support and linkages for spiritual and/or religious needs.
- **Community Liaison:** Connecting with patient's home community and/or health centers to help access collaborative care and support services.
- **Service Access Help:** Assisting in-patients with connecting to available programs and services in the hospital and their home community as appropriate.

Our goal is for Mi'kmaw and Indigenous patients to feel supported and connected while in hospital. The Nuji-Apoqnmuet team is there to encourage positive, respectful, and culturally safe hospital experiences for patients and their families. If you or your family member need support, please reach out to a member of our team!

## Contact Information

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Our Nuji-Apoqnmuet team is hiring for two part-time positions in hospitals located within the Western Nova Scotia health zone. For the full job posting, including responsibilities and qualifications, please visit the Tajikeimik website at [www.mhwns.ca/careers](http://www.mhwns.ca/careers).

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