

Employment Opportunity

Mental Health Navigator

Millbrook First Nation is seeking flexible and self-motivated applicants for the position of Mental Health Navigator.

Position Summary: Under the direction of the Director of Health Services, you will be responsible for enhancing mental health services; providing mental health counselling and case management; and developing a crisis response protocol in Millbrook to be implemented by community.

Knowledge:

The incumbent must have proficient knowledge in the following areas:

- In-depth understanding of Mental Wellness, Addictions and Navigation.
- Holistic understanding of human wellness.
- Program design.
- Knowledgeable of Millbrook community and respect for cultural and community traditions.

Abilities:

The incumbent must maintain strict confidentiality in performing the duties set forth. The incumbent must also demonstrate the following personal attributes:

- Effective interpersonal relationships.
- Positive attitude.
- High level of integrity and dependability.
- Honest and trustworthy.
- Respectful.
- Possess cultural awareness and sensitivity.
- Flexible/adaptable.
- Demonstrate sound work ethics.

Key Skills:

The incumbent must demonstrate the following skills:

- Strong interpersonal and leadership skills.
- Counselling experience.
- Case management, advocacy and navigation.
- Public relations and public speaking skills.
- Effective verbal and listening communications skills.

- Effective written and verbal communications.
- Facilitation of meetings and workshops.
- Conflict resolution.
- Motivational.
- Decision-making and problem-solving skills.
- Assertive, confident, and respectful.

Education and Experience:

- Master's or Bachelor's Degree in Social Work, Nursing, or relevant health-related discipline with demonstrated experience in the area of mental health and addictions.
- Previous counselling experience.
- Experience working with First Nations populations where individuals live with mental health or substance use challenges is an asset.
- Demonstrated knowledge and skills of advocacy, empowerment, support navigation, and mental health recovery principles.
- Mental Health First Aid (or willingness to complete it in a timely manner)
- Non-Violent Crisis Intervention Training (or willingness to complete in a timely manner)
- Computer skills – Microsoft Office Suite, Outlook, Zoom or MS Teams
- Criminal record clearance will be required.
- Child Abuse Registry Check.
- Valid Driver's license and access to a reliable vehicle.
- St. John's Ambulance/First Aid Certificate would be an asset.

Salary: T.B.D based on knowledge, experience and qualifications.

Application deadline: Please submit your resume and cover letter by email or to the Millbrook Band Office by Monday, November 6, 2023, no later than 4pm. If you have any questions, please contact:

Kym Little
Human Resources
Phone: (902) 897-9199
Email: klittle@millbrookfn.ca

Please note: While we welcome all qualified applicants to apply, preference will be given to MFN members or individuals of Indigenous descent in accordance with the Aboriginal Employment Preference Policy. Only qualified candidates will be contacted.